

1. Global Initiative for asthma (GINA). Global Strategy for Asthma Management and Prevention, 2023 updated 2023. <http://www.ginasthma.org/>
2. Mac Hale, E., Greene, G., Mulvey, C., Mokoka, M.C., van Boven, J.F., Cushen, B., Sulaiman, I., Brennan, V., Lombard, L., Walsh, J. and Plunkett, S., 2023. Use of digital measurement of medication adherence and lung function to guide the management of uncontrolled asthma (INCA Sun): a multicentre, single-blinded, randomised clinical trial. *The Lancet Respiratory Medicine*.
3. Côté, J., Cartier, A., Malo, J. L., Rouleau, M., & Boulet, L. P. (1998). Compliance with peak expiratory flow monitoring in home management of asthma. *Chest*, 113(4), 968-972.
4. Garrett, J., Mitchell, E., Fenwick, J. M., Rea, H., & Taylor, G. (1994). Peak expiratory flow meters (PEFMs)—who uses them and how and does education affect the pattern of utilisation?. *Australian and New Zealand journal of medicine*, 24(5), 521-529